2

3

4

6 7

9

8

11 12

10

13

14 15

16

17

18

1920

21

23

22

25

24

STATE OF ARIZONA
DEPARTMENT OF INSURANCE

FEB 1 6 2001 DEPT. OF INSURANCE

In the Matter of:

AMERITAS LIFE INSURANCE CORPORATION (NAIC #61301),

Respondent

Docket No. 01A-045-INS

**CONSENT ORDER** 

A health care appeals audit was made of Ameritas Life Insurance Corporation, hereinafter referred to as "Ameritas," by the Health Care Appeals Examiner for the Arizona Department of Insurance (the "Department") and was completed on December 11, 2000. The audit covered informal and formal appeals that occurred between July 1, 1998, and June 30, 2000, as well as appeals during that period that were treated as formal appeals rather than external independent review appeals. Based upon the audit results, it is alleged that Ameritas has violated the provisions of A.R.S. §§20-461, 20-2533, 20-2535, 20-2536, and 20-2537.

The Examiner reviewed Ameritas' health care appeals procedures, expedited, informal, formal, and external health care appeals files, and other materials sent to the Department in response to a May 1999 health care appeals survey and in response to the audit call letter.

Ameritas wishes to resolve these matters without formal adjudicative proceedings, admits the following Findings of Fact are true and consents to entry of the following Conclusions of Law and Order.

## **FINDINGS OF FACT**

- 1. Ameritas is a Nebraska domiciled life and disability insurer authorized to transact health insurance business pursuant to a certificate of authority issued by the Director.
- 2. The Examiner was authorized by the Director to conduct a heath care appeals audit of Ameritas and has prepared a Report of Examination of the Health Care Appeals of Ameritas ("the Report").

- 3. The Examiner reviewed Ameritas' health care appeals information packet and found the following deficiencies:
- a. Ameritas failed to issue an approved health care appeals information packet with all newly issued policies until after November 16, 1998.
- b. Ameritas failed to include descriptions of expedited medical review and informal reconsideration appeals in its health care appeals information packet, which are appropriate levels of appeal following pre-treatment reviews.
- 4. The Examiner reviewed nine appeals involving denied services, which should have been treated as informal reconsideration appeals, and found that all nine files contained at least four deficiencies. The deficiencies are as follows:
- a. Ameritas failed to send written acknowledgment letters of the requests for appeal to members and their treating providers in five cases.
- b. Ameritas failed to distribute a health care appeals packet along with the acknowledgment letter to the member in eight cases.
- c. Ameritas failed to distribute a health care appeals packet along with the acknowledgment letter to the treating provider in nine cases.
- d. Ameritas informed the member in three cases that service denials could be appealed only in writing and must be requested within sixty days.
- e. Ameritas failed to inform the member in eight cases of the right to request a formal appeal following the informal reconsideration, and if the formal appeal is upheld, an external independent review.
- 5. The Examiner reviewed 117 formal appeals that were within the scope of the audit examination and found that 115 contained deficiencies. The deficiencies are as follows:
- a. Ameritas failed to include the criteria used and clinical reasons for its decision in four formal appeal decision letters.

- b. Ameritas failed to send the treating provider an acknowledgment of the formal appeal request in sixty cases.
- c. Ameritas failed to send a health care appeals information packet along with the acknowledgment letter to the treating provider in 102 cases.
- d. Ameritas failed to send written acknowledgment of the formal appeal request to the member in thirty-two cases.
- e. Ameritas failed to send the member a health care appeals information packet along with the acknowledgment of the formal appeal request in seventy-six cases.
- f. Ameritas informed members in nineteen cases that the member had only sixty days to request a claims review.
- g. Ameritas failed to inform members in ninety-six cases where the formal appeal was upheld or partially upheld of the member's right to request external independent review.
- h. Ameritas failed to have decisions in seventy-two cases rendered by an appropriately licensed health care professional.
- 5. The Examiner reviewed seven appeals that were requested following completion of the formal appeals that should have been treated as external independent reviews under Arizona law. The deficiencies are as follows:
- a. Ameritas failed to forward four appeals involving questions of coverage to the
   Director within five business days of receiving the requests for review.
- b. Ameritas failed to forward acknowledgments of the appeal requests in four cases to the Director within five business days of receiving the appeal requests.
- c. Ameritas failed to send the treating provider an acknowledgment of the appeal request in one case involving an issue of coverage.
- d. Ameritas failed to send a decision letter to the treating provider following the completion of the review in one case.

- e. Ameritas failed to send three cases involving dental necessity questions to external independent reviewers selected from the Department's list of reviewers.
- f. Ameritas failed to send to the Director an acknowledgment of the request for external review in three cases.
- g. Ameritas failed to notify the Director of both the external reviewer selected and the results of the external independent review in three cases.
  - h. Ameritas failed to notify the member of the appeal result in one case.
- 6. Ameritas' deficiencies outlined above indicate that its general business practices do not comply with the provisions of Arizona's health care appeal laws.

### **CONCLUSIONS OF LAW**

- Ameritas violated A.R.S. §20-2533(C) by failing to distribute approved health care appeals information packets that included all four levels of available appeals to members with newly issued policies.
- 2. Ameritas violated A.R.S. §20-2535 by failing to treat appeals involving denied services as informal reconsiderations before processing the cases as formal appeals.
- 3. Ameritas violated A.R.S. §20-2535(B) by failing to send written acknowledgment letters of informal reconsideration appeal requests, along with health care appeals information packets, to members and treating providers within five business days of receiving the request.
- 4. Ameritas violated A.R.S. §20-2535(F) by failing to advise members in decision letters of the right to request formal appeal, and if the formal appeal is upheld, external independent review.
- 5. Ameritas violated A.R.S. §20-2536(E) by failing to include in decision letters the criteria used and clinical reasons for its determinations of formal appeals.

- 6. Ameritas violated A.R.S. §20-2536(B) by failing to send acknowledgment letters of formal appeal requests, along with health care appeals information packets, to members and treating providers within five business days of receiving the appeal requests.
- 7. Ameritas violated A.R.S. §20-2536(G) by failing to inform members of the right to request external independent review following formal appeals.
- 8. Ameritas violated A.R.S. §20-2536(D) by failing to have formal appeal decisions rendered by appropriately licensed health care professionals.
- 9. Ameritas violated A.R.S. §20-2537 by failing to treat appeals received subsequent to the completion of formal appeals as requests for external independent review.
- 10. Ameritas violated A.R.S. §20-2537(C)(2)(b) by failing to forward external independent review appeal cases to the Director within five business days of receiving the external independent review request.
- 11. Ameritas violated A.R.S. §§20-2537(C)(1)(a) and (C)(2)(a) by failing to send acknowledgment letters of external review requests to the Director, members and treating providers.
- 12. Ameritas violated A.R.S. §20-2537(D)(2) by failing to send notice of the decision to treating providers following external review.
- 13. Ameritas violated A.R.S. §20-2537(C)(1)(b) by failing to send cases to external independent reviewers selected from the Department's list of reviewers.
- 14. Ameritas violated A.R.S. §20-2537(C)(1)(c) by failing to notify the Director of the external reviewer selected in external independent review appeals.
- 15. Ameritas violated A.R.S. §20-2537(E) by failing to notify the Director of the independent reviewer's decision in external independent review appeals.
- 16. Ameritas violated A.R.S. §20-2537(D)(1)(b), as amended A.R.S. §2537(E) (1999) by failing to notify members of the results of external independent review appeals.

17. Ameritas violated A.R.S. §20-461(A)(17) by failing to comply with the health care appeal laws with such a frequency as to indicate a general business practice.

### **ORDER**

#### IT IS HEREBY ORDERED THAT:

- 1. Within 90 days of the filed date of this Order, Respondent shall do the following:
- a. amend its health care appeals information packet to reflect the appropriate levels of Arizona's health care appeals process and file its amended packet with the Department;
- b. revise its written procedures to reflect compliance with A.R.S. §§20-2530 *et seq.* and provide the Department with a copy of the written procedures.
- 2. Respondent shall cease and desist from the following acts, as required by the statutes shown:
- a. failing to initially treat appeals involving denied services as expedited medical reviews or informal reconsideration appeals consistent with the requirements of Arizona law (A.R.S. §§20-2534 and 2535);
- b. failing to send written acknowledgment letters of requests for informal reconsideration appeals, along with health care appeals information packets, to members and treating providers (or as otherwise required by law) (A.R.S. §20-2535(B));
- c. failing to inform members of the right to request a formal appeal, and if the formal appeal is upheld, an external independent review (A.R.S. §20-2535(F));
- d. failing to include the criteria used and clinical reasons for the decision in formal appeal decision letters (A.R.S. §20-2536(E));
- e. failing to send written acknowledgment letters of formal appeals to members and treating providers within five business days of receiving the appeal request (A.R.S. §20-2536(B));

- f. failing to notify members in formal appeal decision letters of the right to request external independent review (A.R.S. §20-2536(G));
- g. failing to have formal appeal decisions rendered by appropriately licensed health care professionals (or as otherwise required by law) (A.R.S. §20-2536(D));
- h. failing to treat requests for further appeals after completion of the formal appeal stage as external independent review appeals (A.R.S. §20-2537);
- i. failing to comply with the external independent review requirements provided under Arizona law (A.R.S. §20-2537).
- 3. Ameritas shall pay a civil penalty of ten thousand dollars (\$10,000.00) to the Director for remission to the State Treasurer for deposit in the State General Fund in accordance with A.R.S. §20-220(B). Said amount shall be provided to the Health Care Appeals Section of the Department prior to the filing of this Order.
- 4. The Report of Examination dated December 29, 2000, and any objections to the Report submitted by Ameritas, shall be filed with the Department upon the filing of this Order.

DATED this 15 day of February, 2001.

Charles R. Cohen Director of Insurance

# **CONSENT TO ORDER**

- 1. Respondent, Ameritas Life Insurance Corporation, has reviewed the foregoing Order.
- 2. Respondent admits the jurisdiction of the Director of Insurance, State of Arizona, admits the foregoing Findings of Fact are true, and consents to the entry of the Conclusions of Law and Order.
- Respondent is aware of the right to a hearing, at which it may be represented by 3. counsel, present evidence and cross-examine witnesses. Respondent irrevocably waives the right to such notice and hearing and to any court appeals related to this Order.
- 4. Respondent states that no promise of any kind or nature whatsoever was made to induce it to enter into this Consent Order and that it has entered into this Consent Order voluntarily.
- 5. Respondent acknowledges that the acceptance of this Order by the Director of the Arizona Department of Insurance is solely for the purpose of settling this matter and does not preclude any other agency or officer of this state or its subdivisions or any other person from instituting proceedings, whether civil, criminal, or administrative, as may be appropriate now or in the future.

Cobert Co. Lauxe, who holds the office of Vice President of Respondent, is authorized to enter into this Order for it and on its behalf.

AMERITAS LIFE INSURANCE CORPORATION

13,200 (

COPY of the foregoing mailed/delivered this  $\_16 \pm h$  day of  $\_February$ , 2001 to:

Sara Begley

**Deputy Director** 

1

2 3

4

5

6

7

8

10

11 12

13

14

15

16

17

18 19

20

21 22

23

24

1	Vista Brown
2	Executive Assistant Gerrie Marks
3	Executive Assistant Catherine O'Neil
	Consumer Legal Affairs Officer/Custodian of Records
4	Mary Butterfield Assistant Director
5	Consumer Affairs Division Alexandra Shafer
6	Assistant Director
7	Life and Health Division  Deloris E. Williamson
8	Assistant Director Rates & Regulations Division
	Steve Ferguson
9	Assistant Director Financial Affairs Division
10	Nancy Howse Chief Financial Examiner
11	Financial Affairs Division
12	DEPARTMENT OF INSURANCE
13	2910 North 44th Street, Suite 210 Phoenix, AZ 85018
14	Noney A. Veninsky FLAM, A.C.O.
15	Nancy A. Vanicek, FLMI, ACS Contract Analyst
16	AMERITAS LIFE INSURANCE CORPORATION 5900 'O' Street
17	Lincoln, NE 68501-1889
18	
19	Usvey Duston
20	
21	
22	